

Course Rating 69.0

Men's White (from 19 Jan 2024)

Par 69 Slope 126

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +5.0	+6	28.3 to 29.1	32
+4.9 to +4.1	+5	29.2 to 30.0	33
+4.0 to +3.2	+4	30.1 to 30.9	34
+3.1 to +2.3	+3	31.0 to 31.8	35
+2.2 to +1.4	+2	31.9 to 32.7	36
+1.3 to +0.5	+1	32.8 to 33.6	37
+0.4 to 0.4	0	33.7 to 34.5	38
0.5 to 1.3	1	34.6 to 35.4	39
1.4 to 2.2	2	35.5 to 36.3	40
2.3 to 3.1	3	36.4 to 37.2	41
3.2 to 4.0	4	37.3 to 38.1	42
4.1 to 4.9	5	38.2 to 39.0	43
5.0 to 5.8	6	39.1 to 39.9	44
5.9 to 6.7	7	40.0 to 40.8	45
6.8 to 7.6	8	40.9 to 41.7	46
7.7 to 8.5	9	41.8 to 42.5	47
8.6 to 9.4	10	42.6 to 43.4	48
9.5 to 10.3	11	43.5 to 44.3	49
10.4 to 11.2	12	44.4 to 45.2	50
11.3 to 12.1	13	45.3 to 46.1	51
12.2 to 13.0	14	46.2 to 47.0	52
13.1 to 13.9	15	47.1 to 47.9	53
14.0 to 14.7	16	48.0 to 48.8	54
14.8 to 15.6	17	48.9 to 49.7	55
15.7 to 16.5	18	49.8 to 50.6	56
16.6 to 17.4	19	50.7 to 51.5	57
17.5 to 18.3	20	51.6 to 52.4	58
18.4 to 19.2	21	52.5 to 53.3	59
19.3 to 20.1	22	53.4 to 54.0	60
20.2 to 21.0	23		
21.1 to 21.9	24		
22.0 to 22.8	25		
22.9 to 23.7	26		
23.8 to 24.6	27		
24.7 to 25.5	28		
25.6 to 26.4	29		
26.5 to 27.3	30		
27.4 to 28.2	31		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.